

## West Edge Neighborhood Association Meeting Minutes May 22, 2017 6:00 PM at Friends of Waterfront Seattle Space

Meeting was called to order by President Leigh Valentine at 6:10 PM.

- Leigh thanked our hosts, Friends of Waterfront Seattle.
- Leigh encouraged anyone present to help pay for pizza by becoming a member.
- M/S/P unanimous approval of the April 2017 minutes

Panel Speakers:

- **Laura Matter** of Tilth discussed urban plantings including soil choices, container choices and plant choices. She explained how to amend the soil in your garden or pots, and how to select plants based on the size of the space and amount of sunlight the area receives. She addressed questions from the audience regarding the state of the bee population and how to keep and attract mason bees to pollinate garden flowers.
- **Diane Lavon**, of Diane's Market Kitchen at the corner of Post and Spring, presented. She recommended exploring local weekly markets to "see what's in" as a method to set a dinner theme, instead of going with a list. The UW Weekly Market tends to have the widest variety of local (Washington-grown) fruits and vegetables, as they only allow Washington grown foods in their market. The daystalls at Pike Market are a good source for local seasonal foods, but the permanent stalls are allowed to bring in imported foods. She recommends trying local free-range chicken as it tastes completely different (better) than mass produced poultry, but the price is considerably higher. She commented that even though the price is higher, it's what it costs to produce in small quantity, not that the farmers are getting rich! As we are just coming in to Copper River Salmon season and the price of the Copper River salmon can run as high as \$75/lb., she recommended trying Washington Marbled King salmon as an alternative at about 1/3 the cost. She noted that there is concern over the upcoming fruit harvest from Eastern Washington because of the cold spring and the reduced number of bees.

There were no new members at the meeting.

Meeting adjourned at 7:15 PM.